

Reminder of Items for the Communion Extended Table

Each Communion Sunday, you have the opportunity to donate non-perishable food, or non-food items as listed below, to various Cheyenne charities.

**Donations are accepted on Communion Sunday,
the first Sunday of the month listed below.**

<u>DATE</u>	<u>BENEFITS</u>
January	⁴ St. Joseph's
February	² Comea
March	³ Salvation Army
April	¹ Day of Giving (Kiwanis House)
May	¹ Day of Giving (Kiwanis House)
June	**Family Promise <i>[no food]</i>
July	² Comea
August	⁴ St. Joseph's
September	**Family Promise <i>[no food]</i>
October	³ Salvation Army
November	⁴ Needs, Inc.
December	⁴ Needs, Inc.

Donation Sizes

¹ Day of Giving	Any size cans
² Comea	Large cans or packs
³ Salvation Army	Large or small cans
⁴ Needs & St. Joseph's	Small stuff

**Family Promise – (This is a typical list, although they could have specific needs throughout the year.) Personal hygiene items, diapers, wipes, full-size bath soap—toothpaste—deodorant, feminine sanitary supplies, lotion, shampoo, and conditioner.