

# NEWS from the PEWS

A PUBLICATION OF FIRST PRESBYTERIAN CHURCH ~ CHEYENNE, WYOMING

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*March 2023*

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## We Are Loved By God

As we enter March, we are in the season of Lent. Lent is the season that lasts 40 days between Ash Wednesday and Good Friday and celebrates the 40 days that Jesus spent in the wilderness to prepare for his ministry. Jesus began his ministry at his baptism in the Jordan by John the Baptist. The Bible says he was then led into the wilderness where he was tempted by the Devil. In these temptations, Jesus was tested to prepare him for ministry. After the 40 days, we are told that Angels came and attended to him. Immediately following his time in the wilderness Jesus began his ministry. Mt. 3:17 describes this beginning, "From that time on Jesus began to preach, 'Repent, for the kingdom of heaven has come near.'"



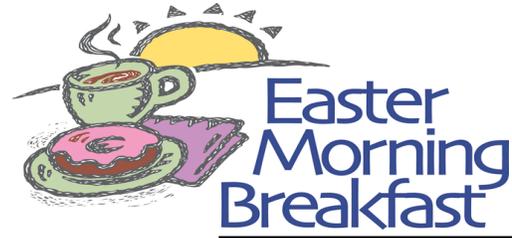
As disciples of Jesus Christ, we spend Lent renewing our faith in God through repentance because we know the kingdom of heaven has come near. It is a time of self examination to see where we have been tempted and tested. As we reflect on our lives, we realize two things. First, that we can have faith in our Lord because he understands our temptations. Hebrews 4:15 reminds us that he is able to sympathize with our weaknesses because he, "in every respect, has been tested as we are, yet he is without sin." Secondly, when we fail and sin, we remember that our perfect Lord is also our perfect savior, and by his sacrifice on the cross we have received forgiveness. John Newton, the author of the hymn Amazing Grace, at the end of his life echoed these two truths when he said, "My memory is fading, but I remember two things very clearly: I am a great sinner and Christ is a great Savior."

For the month of March I encourage us as disciples to spend Lent as a time of reflection, repentance, and reading. Spend time reflecting on our lives and identifying the areas where we have failed to be faithful to God. Repent of our sins and receive the good news of the gospel, that in the name of Jesus Christ we are forgiven. And finally, finish by reading 1 John 4:9-10 "This is how God showed his love among us: He sent his one and only Son into the world that we might live through him. This is love: not that we loved God, but

that he loved us and sent his son to be the atoning sacrifice for our sins."

Remember during this time of Lent how much we are loved by God.

*Pastor Bob*



Plan to have breakfast on Easter morning at the church. We will be serving breakfast casseroles, muffins, fruit and juice from 8:00 until 9:30 on Easter Sunday. More details will be forthcoming, but we want you to make plans to join us for breakfast. If you would like to be involved in the breakfast in setting up, serving, or even bringing food, please let Jeanne Bellamy, New Life, or Gail Heimbeck, Deacons, know.

## Extended Communion Table



Our donated shelf-stable food items on March 5, Communion Sunday, will be delivered to the Salvation Army. Suggested items: large items such as coffee, canned protein, such as tuna, and dried beans. They accept both small or large cans of food.

## Accessing the Church Directory



Go to:

[members.InstantChurchDirectory.com](http://members.InstantChurchDirectory.com)

Or Download and Use The  
"Instant Church Directory" App

**Per  
Capita?**



**The per capita for 2023**

**\$45.63 per member**

**\$91.26 per couple**



# One Great Hour of Sharing Help Individuals and Communities in Great Need!

*-Mission Ministry*

Easter is the time to remember the sacrifice Christ made for us and to demonstrate that, as people of faith, we understand the need to give sacrificially to help with God’s work in the world. The One Great Hour of Sharing Offering, taken on April 2, Palm Sunday, is a way to provide that help.

OGHS is one of the most powerful offerings for PC (USA) congregations. It helps with three major programs – Presbyterian Disaster Assistance, the Presbyterian Hunger Program, and the Self-Development of People – all of which serve individuals and communities in need around the world.

Your donation to this offering will help numerous projects in each of these areas. For example, it may go toward helping resettle Afghan refugees in the Denver area, or it may very well help with the destruction left by wildfires, tornadoes, and flooding here in the United States or around the world. It could also help socially ostracized caste members in India who lost everything when a tsunami hit the area.

In the case of addressing hunger, your gift could help the Presbyterian Hunger program, which recently provided 660 doe goats to farmers in Malawi and gave 56,000 boxes of fresh and nonperishable food here in America. In a different sense, it could help the Metropolitan Tenants Organization in Chicago retain tenant rights or work to strengthen the ability of 200 farmers in Abuja, Nigeria. In short, this is a chance to make a difference around the world!

Mission Ministry will match up to \$2,000 of our congregation’s donations for this offering, so together we have the power to bring significant help to our neighbors in the world who are suffering. Be sure to write “OGHS” on the memo line of your check or use your offering envelope to designate your gift for this worthy cause. We will appreciate your help!



We will be cooking and serving at The Comea Shelter on



the 14th of March. A sign-up sheet will be in the Fellowship Hall on the 5th and 12th of March or contact Belinda Smith, Deacons Local Mission Chair, at [beleajean2@gmail.com](mailto:beleajean2@gmail.com) or call 307-421-4896, to volunteer to cook at 1:30 or serve at 5:30.

## Wall of Love

I would like to thank everyone who participated in "Showing God's Love"! Our walls are overflowing with



LOVE. The children enjoyed reading all the new additions each week. We have filled up our souls with the only source of TRUE love...God. Most of us struggle daily to really grasp how deep and how wide the love of God really is. This wall has shown so much love to our children....Thank you for that!

*Blessings,  
Ashley Braisted*

## Day of Giving



The Day of Giving Board sends a big thank-you to all in our congregation who joined us for lunch at our Texas Roadhouse fundraiser on February 7 or who “voted” with their cash as they left the congregation meeting on February 12 and deposited money in the basket for the Eagles, the Chiefs, or the commercials. You are a wonderful congregation and have provided amazing support for our efforts to help those in our area who are in dire financial straits or dealing with disability or illness. The money you donated in February will go entirely to making purchases of such basics as food, winter wear, and hygiene items, so you have helped make a difference to many!

*-Greta Morrow, Day of Giving Board*



# Presbyterians Got Talent!

## Fifth Sunday Fellowship April 30, 2023

The first Fifth Sunday Fellowship was a great success and we are looking forward to another Fifth Sunday with a Talent Show on Sunday, April 30. The talent show will follow the 10:00 am worship service in the lower level Activity Center and we will have light snacks available. We will accept acts of many kinds — acting, musical,

juggling, magic, skits and more! Please sign up on one of the sign-up sheets at the church starting in March. There won't be any judging, Simon just can't make it! It will be lots of fun, and we know there are many of you with hidden talents, so please sign up! See Gail Heim-buck for more information.



Our First  
**HYMN SING**  
January 29

### March 2023 Calendar

Date	Day	Time	Event
<b><i>See weekly meeting dates &amp; times on back page of the newsletter. See below for weekly meeting updates.</i></b>			
March 1	Wednesday	6:00 pm	Friendship Mariners (Fellowship Hall)
March 2	Thursday	9:30 am	Coloring & Caring (Library)
March 4	Saturday	10:00 am	Hearts and Hands (Fellowship Hall)
March 5	Sunday		<i>See Worship Schedule on the Back</i>
March 6	Monday	5:00 pm	Worship & Music (Library)
		5:30 pm	Christian Ed (Christian Ed)
March 7	Tuesday	1:00 pm	Mission Ministry (Fellowship Hall)
		7:00 pm	Lent Bible Study – The Pilgrim’s Progress (Parlor)
		7:00 pm	Boy Scouts OA (Stage Room)
March 9	Thursday	5:30 pm	Sarah Circle (Fellowship Hall)
March 11	Saturday	8:00 am	Men on a Mission (Fellowship Hall)
March 12	Sunday		<i>See Worship Schedule on the Back</i>
			<b><i>Easter Lily Forms Out / Special Music: Bell Choir</i></b>
March 13	Monday	1:30 pm	Building & Grounds (Fellowship Hall)
		5:30 pm	New Life (Library)
		5:30 pm	Moms2Mom (Christian Ed)
March 14	Tuesday	1:15 pm	Personnel (Library)
		7:00 pm	Lent Bible Study – The Pilgrim’s Progress (Parlor)
March 15	Wednesday		<b><i>April Newsletter Due</i></b>
		10:00 am	-2pm Blood Drive (Fellowship Hall)
		2:00 pm	Finance (Library)
March 16	Thursday	9:30 am	Coloring & Caring (Fellowship Hall)
		4:00 pm	Church Book Club (Library)
March 17	Friday	1:00 pm	Ruth Circle (Library)
March 18	Saturday	10:00 am	Stitch by Stitch (Fellowship Hall)
March 19	Sunday		<i>See Worship Schedule on the Back</i>
			<i>Special Music: 1<sup>st</sup> Five</i>
		11:15 am	Stained Glass Tour
March 20	Monday	10:00 am	Genealogy (Family History Center)
		7:00 pm	Session (Fellowship Hall)
March 21	Tuesday	7:00 pm	Boy Scouts Order of the Arrow (Stage Room)
		7:00 pm	Lent Bible Study – The Pilgrim’s Progress (Parlor)
March 22	Wednesday	9:30 pm	Walk, Pray, Love (Library)
March 26	Sunday		<i>See Worship Schedule on the Back</i>
			<b><i>Gifts of Women / Guest Pastor</i></b>
			<i>Special Music: Bell Ensemble</i>
March 27	Monday	1:00 pm	Rebecca Circle (Library)
		6:30 pm	Local Missions (Fellowship Hall)
		7:00 pm	Deacons (Fellowship Hall)
March 28	Tuesday	1:30 pm	PW Coordinating Team (Library)
March 29	Thursday		<b><i>Deadline Easter Lily Forms</i></b>

## New Life Ministry to Help With Church Directory

Still need to register on the directory?

Are you confused about how to download the new church directory app on your phone?

Just haven't gotten around to downloading your picture on the directory?

Want to add your birthday and anniversary?

New Life Ministry and helpers will be in Fellowship Hall after the 10 o'clock service on March 19 and 26 to assist with all of these items and other assistance you may need. Thank you for helping New Life get more of our congregation registered on our new church directory.



"To Love and Be Wise" by Josephine Tey is the story of an American photographer who charms most of the residents in an English rural village. Why then did he suddenly disappear? Did he drown by accident, was he murdered by someone not so charmed by him, was it suicide, or did he leave on his own? The answer leads to an interesting story. Josephine Tey is considered one of the greatest mystery writers of all times.

How much do you know about the Reformed Faith of the Presbyterian Church? In "Reformed Spirituality" Howard L. Rice gives us, in an easily read style, the his-

tory, beliefs and possibilities for growth in the Reformed tradition. He explains such beliefs as those on prayer, worship, Bible interpretation, ethical living, the sacraments, church participation, giving to others, Sabbath keeping and how following these can help our personal relationship with God grow.

## Important Dates Coming Up

### March

- 12 Daylight Saving Time Starts  
Easter Lily Forms Out
- 14 Cook and Serve at Comea Shelter
- 15 Blood Drive 10-2 (Fellowship Hall)
- 19 Stained Glass Tour (11:15)
- 26 Gifts of Women Sunday, Rev. Karen Ohlson
- 29 Easter Lily Forms Due

### April

- 2 Palm Sunday—Holy Week  
One Great Hour of Sharing
- 5 Mariner's Service Auction
- 6 Maundy Thursday Service
- 7 Good Friday Service at Noon
- 9 **Easter** - One Service, Lily Programs Out

Meryl Adams  
Nadine Amen  
James Anderson  
Guy & LaVonne  
Beardsley  
Gail Blackwell  
Mary Kay  
Bohnenblust  
Sally Brourink  
Dr. Richard Brown  
Minnie Bunley  
Chuck Burke  
Bryan Burrows  
Rose Burrows  
Bob Clark  
Debbie Confortini  
Gina Courtade  
Karen Denniston  
Donna DiNino  
Robert Drummond  
Jerry & Cindy Foote  
Kevin Gallagher

## Continued Prayer

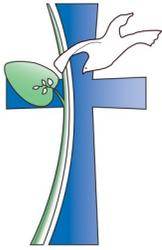
Adam George  
Melissa Gilespi  
Lyle Ginter  
Carmen Grubbs  
Patricia Hamil  
Tamiecta Hamm  
Hart Family  
Patricia Hawke  
Geraldine Hayes  
Sherry Hayes  
Ray Hernandez  
Jamie Herrera  
Jessica Jessen  
Joy Johnson  
Jim Keen  
Debbie Lenhart  
William Loftus  
Mary Lou  
McMindes

Casey Medina  
Tom Milholland &  
Children  
Kathy Lee Montgomery  
Tom Muhlbach  
Kari Murdoch  
Stephanie  
Oakland  
Kim Olson  
Susan Payne  
Dale & Aurthur  
Petersen  
Catherine Pacheko  
Amanda Pierce  
Paula Qualls  
Carol Rieser  
Frank & Belinda  
Serrano  
Del Shortliffe

Jeannie Smith  
Karen Smith  
Marilyn St. John  
Don Stang  
Diana Stevens  
Paula Stevens  
Carol Ann  
Strader  
Rick Stratton  
Joan Swim  
Mary Tolle  
Larry Twidwell  
Dorothy Tyrell  
Georgia Valdron  
Javen Westby  
Allen White  
Lexie White  
Brenda Williams  
Jennifer Wulf



Let us know when people are well and can be taken off our prayer list. Thank you!



# First Presbyterian Church

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## CHANGE SERVICE REQUESTED



3/2023



WORSHIP MATERIALS can be accessed on the first page of our website: [firstprescheyenne.org](http://firstprescheyenne.org)

LIVE-STREAMED WORSHIP SERVICES are accessed on the first page of our website: [firstprescheyenne.org](http://firstprescheyenne.org) and on our YouTube channel.

## Hello March

### WEEKLY MEETINGS

**Mondays:**

6:00 pm Boy Scouts # 116 (Act. Cntr) (3<sup>rd</sup> Mon.-Stage Rm.) - no meeting 3/27

**Tuesdays:**

9:30 am Staff Meeting (Library)  
5:15 pm Chancel Choir

**Wednesdays:**

4:00 pm Children's Chimes  
4:30 pm Children's Choir  
5:30 pm Bell Ensemble  
6:00 pm Bell Choir

**Thursdays:** 7:00 pm APNC (Assoc. Pastor Nom. Comit.) (Library)

**Sunday Worship Services:**

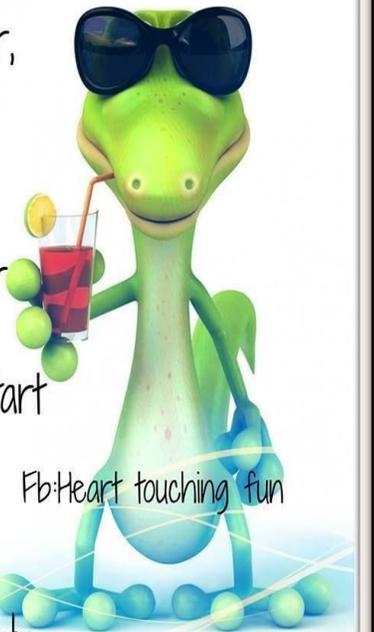
See date of worship for updates for that week.

8:00 am Worship – Chapel / Fellowship (F. Hall)  
9:00 am Adult Sunday School (Library)  
9:30 am Nursery  
10:00 am Worship – Sanctuary and Live Stream  
10:00 am -11:15 Children's Sunday School (Upstairs)  
11:00 am Fellowship  
TBD Youth Group



Check out the newsletter on the website!! Sooo colorful!

Dear old man winter,  
I think you need a vacation  
you have worked really hard this year  
It's time to let spring start pulling some weight around here too!



Fb:Heart touching fun

Sincerely,  
Enough Winter